

# Mayo Clinic Proceedings

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**July 2021** 

Volume 96

The August online issue of Proceedings will be available by Monday, August 2. Sign up for an alert to the online Table of Contents at www.mayoclinicproceedings.org

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### **Editorials**

- Prothrombotic State in COVID-19: Myth or Reality? Philippe R. Bauer
- 1697 The Only Way Around Is Through the Co-Vital Impacts of the Shadow Pandemic of COVID-1
- 1700 Long-term Outcomes in Low-Risk Differentiated Papillary Thyroid Cancer lain J. Nixon
- 1703 Impact of the Physical Activity and Fitness Components on the Genetic Risk of Stroke David Jiménez-Pavón and Jari A. Laukkanen
- 1706 Here's to Your Health: Why a Drink With Dinner Might Improve Longevity Andrew Elagizi, Evan L. O'Keefe, and James H. O'Keefe

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1710 Arteriovenous Malformations in the Setting of Giant Elephantiasis Neuromatosa Chunni He and Jun Li

### Perspective and Controversies

- Vaccination Safety: Don't Toss the Champagne With the Cork 1712 Aditya Shah, Douglas W. Challener, John C. O'Horo, and Andrew D. Badley
- 1714 Executive Order on Ensuring Essential Medicines-All Bark, No Bite? Roy Guharoy and John Noviasky

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1718 Macrovascular Thrombotic Events in a Mayo Clinic Enterprise-Wide Sample of Hospitalized COVID-19—Positive Compared With COVID-19—Negative Patients

Rahul Chaudhary, Leslie Padmos, Ewa Wysokinska, Rajiv Pruthi, Sanjay Misra, Meera Sridharan, Waldemar Wysokinski, Robert D. McBane II, and Damon E. Houghton

Early experience with COVID-19 patients across multiple academic and regional hospitals representing different US regions demonstrates a lower incidence of thrombotic events than previously reported.

1727 Inability of Radioiodine Remnant Ablation to Improve Postoperative Outcome in Adult Patients With Low-Risk Papillary Thyroid Carcinoma

lan D. Hay, Suneetha Kaggal, Nicole M. Iniguez-Ariza, Megan S. Reinalda, Gregory A. Wiseman, and Geoffrey B. Thompson

Radioiodine remnant ablation administered to low-risk adult papillary thyroid carcinoma patients during 1955-2014 did not reduce either the cause-specific mortality or tumor recurrence rate.

- 1746 Genetic Risk, Muscle Strength, and Incident Stroke: Findings From the UK Biobank Study
  Youngwon Kim, Semi Hwang, Stephen J. Sharp, Shan Luo, Shiu Lun Au Yeung, and Craig C. Teerlink
  Higher muscle strength was associated with lower stroke incidence in all individuals, including those with high genetic susceptibility.
- Alcohol Consumption Levels as Compared With Drinking Habits in Predicting All-Cause Mortality and Cause-Specific Mortality in Current Drinkers

  Hao Ma, Xiang Li, Tao Zhou, Dianjianyi Sun, Iris Shai, Yoriko Heianza, Eric B. Rimm, JoAnn E. Manson,

Healthy drinking habits (regular drinking and drinking with meal) were associated with lower risks of all-cause mortality and cause-specific mortality independent of amount of alcohol consumed.

1770 Geographic Variation in Cardiovascular Health Among American Adults

Vibhu Parcha, Rajat Kalra, Sarabjeet S. Suri, Gargya Malla, Thomas J. Wang, Garima Arora, and Pankaj Arora

An urgent unmet need exists to mitigate the geographic disparities in cardiovascular morbidity and mortality.

1782 Post—COVID-19 Syndrome (Long Haul Syndrome): Description of a Multidisciplinary Clinic at Mayo Clinic and Characteristics of the Initial Patient Cohort

Greg Vanichkachorn, Richard Newcomb, Clayton T. Cowl, M. Hassan Murad, Laura Breeher, Sara Miller, Michael Trenary, Daniel Neveau, and Steven Higgins

Symptoms including mood disorders, fatigue, and perceived cognitive impairment resulted in severe negative impacts on resumption of functional and occupational activities in patients experiencing prolonged effects.

- 1792 Combined Effects of Masking and Distance on Aerosol Exposure Potential

  Jonathan R. Tomshine, Kendall D. Dennis, Russell E. Bruhnke, James H. Christensen, Tom G. Halvorsen,
  Christopher J. Hogan Jr., John C. O'Horo, Laura E. Breeher, Matthew R. Callstrom, and Mark B. Wehde

  At 3- feet of separation, if the source (or both source and target) are masked, the reduction in particle count is
- 1801 Frequently Reported Adverse Events With Smoking Cessation Medications: Post Hoc Analysis of a Randomized Trial

Jon Ebbert, Carlos Jimenez-Ruiz, Michael P. Dutro, Matt Fisher, Jing Li, and J. Taylor Hays Most adverse events are not clinically important, and prescribers can reassure patients that those experienced will be manageable.

### 1812 Relative Predictive Value of Circulating Immune Markers in US Adults Without Cardiovascular Disease: Implications for Risk Reclassification

Kartik Gupta, Rajat Kalra, Mike Pate, Shivaraj Nagalli, Sameer Ather, Indranee Rajapreyar, Pankaj Arora, Ankur Gupta, Wunan Zhou, Raul San Jose Estepar, Marcelo Di Carli, Sumanth D. Prabhu, and Navkaranbir S. Bajaj 🌎 🚯

The monocyte-lymphocyte ratio had greater prognostic importance than traditional cardiovascular risk factors such as race, smoking status, high-density lipoprotein level, and total cholesterol concentration.

### Prognostic Value of Cardiac Magnetic Resonance Imaging in Acute Coronary Syndrome Patients 1822 With Troponin Elevation and Nonobstructive Coronary Arteries

Sushil Allen Luis, Chris R. Luis, Mohsen Habibian, Myo T. Lwin, Tahlia C. Gadowski, Jonathan Chan, Christian Hamilton-Craig, and Owen Christopher Raffel

Cardiac magnetic resonance imaging carries a high diagnostic yield in patients with myocardial infarction with non-obstructive coronary arteries and predicts long-term prognosis.

### Cost Effectiveness of an Electrocardiographic Deep Learning Algorithm to Detect Asymptomatic The Left Ventricular Dysfunction that I would be being the property of the Left Ventricular Dysfunction that I would be being the left ventricular by the left ventricular by

🦳 Andrew S. Tseng, Viengneesee Thao, Bijan J. Borah, Itzhak Zachi Attia, Jose Medina Inojosa, Suraj Kapa, Rickey E. Carter, Paul A. Friedman, Francisco Lopez-Jimenez, Xiaoxi Yao, and Peter A. Noseworthy Universal screening for asymptomatic left ventricular dysfunction with the novel artificial intelligence electrocardiogram

algorithm appears to be cost-effective under most clinical scenarios, with a cost of <\$50,000 per quality-adjusted

#### 1845 Sex Differences in Outcomes Following Left Atrial Appendage Closure

Shubrandu S. Sanjoy, Yun-Hee Choi, Robert T. Sparrow, Suzanne J. Baron, J. Dawn Abbott, Lorenzo Azzalini, David R. Holmes, M. Chadi Alraies, Nikolaos Tzemos, Diana Ayan, Mamas A. Mamas, and Rodrigo Bagur 🚯 Women had higher rates of in-hospital adverse events following left atrial appendage closure than men did.

### 1861 Janus Kinase Inhibitors and Risk of Venous Thromboembolism: A Systematic Review and Meta-analysis

lawad Bilal, Irbaz Bin Riaz, Syed Arsalan Ahmed Nagvi, Sandipan Bhattacharjee, Michelle R. Obert, Maryam Sadiq, Mohamed A. Abd El Aziz, Yahya Nooman, Lary J. Prokop, Long Ge, Mohammad H. Murad, Alan H. Bryce, Robert D. McBane, and C. Kent Kwoh

The results of this study are reassuring and support a favorable benefit/risk profile of JAK inhibitors in the short term.

### Sex Differences in Children and Young Adults With Bicuspid Aortic Valve Disease in First Two 1874 Decades of Life

Talha Niaz, Jonathan N. Johnson, Frank Cetta, Joseph T. Poterucha, and Donald J. Hagler 🚯 🛟 Males have a higher grade of aortic regurgitation in late adolescence, significantly larger aortic dimensions, and more frequent sinus of Valsalva dilation as compared with females. Combined Filters of Masking and Disjainer on Agrosol Exposure Potentia

### Medical Image

### Multiple Giant Coronary Artery Aneurysms in Kawasaki Disease 1888

Ryohei Ono and Nobuhiro Umehara 🚯

# Special Articles of the state o

#### 1890 Quantifying the Importance of COVID-19 Vaccination to Our Future Outlook

Curtis B. Storlie, Benjamin D. Pollock, Ricardo L. Rojas, Gabriel O. Demuth, Patrick W. Johnson, Patrick M. Wilson, Ethan P. Heinzen, Hongfang Liu, Rickey E. Carter, Elizabeth B. Habermann, Daryl J. Kor, Matthew R. Neville, Andrew H. Limper, Katherine H. Noe, Mohamad Bydon, Pablo Moreno Franco, Priya Sampathkumar, Nilay D. Shah, Shannon M. Dunlay, and Sean C. Dowdy

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1896 Trust-Based Partnerships Are Essential — and Achievable — in Health Care Service

Leonard L. Berry, Rana L.A. Awdish, Sunjay Letchuman, and Karina Dahl Steffensen

### Reviews

- 1907 COVID-19 Gender Disparities and Mitigation Recommendations: A Narrative Review Hannah C. Nordhues, Anjali Bhagra, Natya N. Stroud, Jennifer A. Vencill, and Carol L. Kuhle
- 1921 The Management of Restless Legs Syndrome: An Updated Algorithm

  Michael H. Silber, Mark J. Buchfuhrer, Christopher J. Earley, Brian B. Koo, Mauro Manconi,
  and John W. Winkelman; for the Scientific and Medical Advisory Board of the Restless Legs Syndrome

  Foundation

# Residents' Clinics

- 1938 74-Year-Old Woman With Fatigue, Anorexia, and Abdominal Pain
  Grant A. Wintheiser and Wil L. Santivasi
- 1944 44-Year-Old Man With Fatigue, Weight Loss, and Leukocytosis
  Caleb J. Smith, Glenn Stewart, and Kebede Begna
- 1949 67-Year-Old Man With Fatigue, Lightheadedness, and Erythrocytosis
  Glenn A. Stewart, Caleb J. Smith, and Eli Muchtar

# Thematic Review on Women's Health-CME Credit Offered

1955 Sex, Cells, and Asthma
Sergio E. Chiarella, Juan Carlos Cardet, and Y.S. Prakash

### Thematic Review on Neurovascular Diseases

1970 Diagnosis and Treatment of Unruptured Intracranial Aneurysms and Aneurysmal Subarachnoid Hemorrhage
Rabih G. Tawk, Tasneem F. Hasan, Caitlin E. D'Souza, Jeffrey B. Peel, and William D. Freeman

### Medical Image

2001 Corneal Epitheliopathy Associated With Antibody-Drug Conjugates
Sanjay V. Patel and Lauren A. Dalvin

### Letters to the Editor

- Seeking Joy in Medicine During Uncertain Times: COVID-19 and Social Unrest Rahma Warsame and Katharine A. Price
- 2003 An Undifferentiated Spell: The Answer is in The Pillbox
  Stuart J. McCarter, David N. Abarbanel, Anhar Hassan, Erik K. St Louis, and Christopher J. Boes
- 2005 Devastating Neurological Injury as a Result of Treatment of "Chronic Lyme Disease"

  Sarah Frankl, Peter N. Hadar, Aleksandra Yakhkind, Adam Edward Lang, and Danielle K. Sandsmark

# Path to Patient Image Quiz

Anaplastic Thyroid Carcinoma 2008 Lori A. Erickson

# Stamp Vignette State Ospanius A. Landtholment College Control of College Colle

2012 Albin Lambotte: Pioneer of Osteosynthesis (Bone Fixation) Ahmadreza Afshar, David P. Steensma, and Robert A. Kyle

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Thematic Review on Women's Health-CME Credit Offered

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2014 Untitled by Alicia LaChance Margaret R. Wentz

Thematic Review on Neurovascular Diseases

### Icon Key

This article has been given "Editor's Choice" distinction.

An author interview accompanies this article.

Supplemental material accompanies this article at www.mayoclinicproceedings.org.

Indicates articles focusing on health humanities and ethical decision making as applied to medicine and the health sciences medicine and the health sciences.

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