

In This Issue: February 3, 2026

Research

ORIGINAL INVESTIGATION

407 Metformin to Improve Walking Performance in Lower Extremity Peripheral Artery Disease: The PERMET Randomized Clinical Trial

MM McDermott and Coauthors

This randomized clinical trial tests whether metformin improved 6-minute walk distance at 6 months compared with placebo in people with peripheral artery disease without diabetes.

[Visual Abstract](#) | [Audio](#)

416 Age-Adjusted D-Dimer Cutoff Levels to Rule Out Deep Vein Thrombosis

G Le Gal and Coauthors

for the ADJUST-DVT Investigators

This prospective management outcome study conducted at multiple centers in Belgium, Canada, France, and Switzerland assesses whether using an age-adjusted D-dimer cutoff allows clinicians to safely rule out deep vein thrombosis (DVT) in adult patients presenting with suspected DVT.

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425 Prediction of Bacteremia and Bacterial Meningitis Among Febrile Infants Aged 28 Days or Younger

B Burstein and Coauthors

This pooled analysis examines the diagnostic accuracy of the updated Pediatric Emergency Care Applied Research Network prediction rule in identifying febrile infants 28 days or younger with bacteremia or bacterial meningitis.

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RESEARCH LETTER

453 Smartphone Use During School Hours by US Youth in the Adolescent Brain Cognitive Development Study

JM Nagata and Coauthors

This study uses data on smartphone usage in schools from the ABCD (Adolescent Brain Cognitive Development) Study to characterize smartphone app usage during school hours in a diverse sample of US adolescents.

[Available online](#)

jama.com

456 Interim Safety of RSVpreF Vaccination During Pregnancy

Al Michnick and Coauthors

This interim analysis of an ongoing retrospective cohort study uses data from 5 US health plans to assess safety of a bivalent prefusion F subunit-based respiratory syncytial virus (RSV) vaccine administered during pregnancy during the first full RSV season after US Food and Drug Administration approval (from September 22, 2023, through June 14, 2024).

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393 As the 2026 Election Takes Shape, Health Care Is Becoming an Economic Issue for US Voters

D Altman, A Kirzinger, and M Brodie

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395 Adversarial Collaboration as a Strategy for Credible Biomedical Science

DM Kent and JPA Ioannidis

397 The FDA's Leucovorin Approval—A Departure From Evidentiary Standards

DG Aaron, MS Sinha, and IG Cohen

399 The One Big Beautiful Bill Act—Making Medicaid and the Exchanges Sustainable

A Malani

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A PIECE OF MY MIND

401 The Three O'Clock Patient

MS Litwin

In this narrative medicine essay, a urologic oncologist is reminded of the uniquely human ability to connect that empowers physicians to provide caring in their medical care.

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403 Like a Fine Wine—Aging the D-Dimer to Improve Value and Clinical Efficiency

F Ujueta and G Piazza

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405 Moving the Field Forward to Safely Do Less With Febrile Neonates

JB Searns and ST O'Leary

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AUDIO

Weekly Editor's Summary

Understanding the World Health Organization's GLP-1 Guidelines

From AHA: Coffee Consumption and Atrial Fibrillation, DASH-Patterned Groceries and Effects on Blood Pressure, Oral PCSK9 Inhibitor Elicotide for Heterozygous Familial Hypercholesterolemia, and more

WHO Guideline on the Use and Indications of GLP-1 Therapies for the Treatment of Obesity in Adults
Gastric Cancer Worldwide

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jamacmelookup.com

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Editor in Chief
Kirsten Bibbins-Domingo, PhD, MD, MAS



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Clinical Review & Education

SPECIAL COMMUNICATION

434 World Health Organization Guideline on the Use and Indications of Glucagon-Like Peptide-1 Therapies for the Treatment of Obesity in Adults

F Celletti, J Farrar, and L De Regil

This Special Communication summarizes the WHO guideline on the management of obesity with GLP-1 therapies in adults and calls on nations to ensure equitable access to obesity prevention and management interventions.

 [Audio](#) | [CME](#)

REVIEW

439 Gastric Cancer: A Review

AK Patel, NS Sethi, and H Park

This review summarizes current evidence regarding the epidemiology, pathophysiology, diagnosis, and management of gastric cancer.

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JAMA INSIGHTS

451 Stillbirth

AR Kern-Goldberger, UM Reddy, and JL Bailit

This JAMA Insights focuses on stillbirth, including causes, risk factors, and prenatal preventive care.

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JAMA PATIENT PAGE

470 Avoidant/Restrictive Food Intake Disorder

RK Tsevat, A Sinha, and SM Buckelew

This JAMA Patient Page describes avoidant/restrictive food intake disorder and its risk factors, symptoms, diagnosis, and treatment strategies.

News & Analysis

MEDICAL NEWS

385 Millions Turn to AI Chatbots for Mental Health Support

R Rubin

This Medical News article discusses the growing use of generative artificial intelligence chatbots as sources of mental health support.

388 What to Know About the WHO's New GLP-1 Drug Guideline

K Schweitzer

This Medical News article discusses key learnings from new World Health Organization guidance on the use of glucagon-like peptide-1 (GLP-1) medications for the treatment of obesity in adults.

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MEDICAL NEWS IN BRIEF

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391 WHO Analysis Finds No Causal Link Between Vaccines and Autism

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A Zuger

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