

In This Issue: August 1, 2023

Research

ORIGINAL INVESTIGATION AND ANALYSIS OF

421 Upfront Radiosurgery vs a Wait-and-Scan Approach for Small- or Medium-Sized Vestibular Schwannoma:

The V-REX Randomized Clinical Trial

D Dhayalan and Coauthors for the V-REX Trial investigators

This randomized clinical trial evaluates whether upfront radiosurgery is more effective in reducing vestibular schwannoma tumor size than treatment delivered only when tumor growth has been detected radiographically.

Visual Abstract

432 Genetic Architecture of Dilated Cardiomyopathy in Individuals of African and European Ancestry

E Jordan and Coauthors

for the DCM Precision Medicine Study of the DCM Consortium

This study compares the rare variant genetic architecture of dilated cardiomyopathy (DCM) among patients with DCM who are of African ancestry compared with European ancestry.

Editorial 415

442 Longitudinal Follow-Up of Participants With Tobacco Exposure and Preserved Spirometry

W McKleroy and Coauthors

This study defines the natural history of persons with tobacco exposure and preserved spirometry aged 40 to 80 years who smoked cigarettes (>20 pack-years) with or without chronic obstructive pulmonary disease compared with controls without tobacco exposure or airflow obstruction.

■ CME

Opinion

VIEWPOINT

405 The New Threat to Abortion Access in the United States—The Comstock Act IG Cohen, EY Adashi, and M Ziegler

407 Over-the-Counter Oral Contraception as an Opportunity to Reduce Contraceptive Access Inequity K Brandi, KK Upadhya, and SB Teal

409 Integrating Medicare and Medicaid Coverage for Dual Eligibles— Recommendations for Reform ET Roberts, KJ Johnston, and JF Figueroa

Available online

jama.com

411 Private Actions to Protect Medicaid Live to See Another Day

N Huberfeld

A PIECE OF MY MIND

413 Finding Faith Through Listening

In this narrative medicine essay, a surgical oncologist joins the hospital chaplain during his rounds to learn how to connect with patients who have strong faith in God, even when her own beliefs are uncertain.

EDITORIAL

415 Diversifying the Genetic Landscape of Heart Disease

C Tcheandjieu and TP Cappola

Related Article 432

417 Fully Effective Folic Acid Fortification

JK Morris and NJ Wald

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419 Reaffirming Recommendations for Folic Acid Supplementation: Everything Old Is New Again

DB Nelson and CY Spong

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Clinical Review & Education

US PREVENTIVE SERVICES TASK FORCE

454 Folic Acid Supplementation to Prevent Neural Tube Defects: US Preventive Services Task Force Reaffirmation Recommendation Statement US Preventive Services Task Force

This 2023 Recommendation Statement from the US Preventive Services Task Force recommends that all persons planning to or who could become pregnant take a daily supplement containing 0.4 to 0.8 mg (400 to 800 μ g) of folic acid (A recommendation).

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Online at JAMA.com

AUDIO

Editor's Summary of This Issue

Highlights From the American Diabetes Association Scientific Session 2023

USPSTF Recommendation: Folic Acid Supplementation for Prevention of Neural Tube Defects

E CMI

CME online at jamacmelookup.com

CME Disclosure Statement: Unless noted, all individuals in control of content reported no relevant financial relationships. If applicable, all relevant financial relationships have been mitigated.

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Editor in Chief Kirsten Bibbins-Domingo, PhD, MD, MAS

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460 Folic Acid Supplementation to Prevent Neural Tube Defects: **Updated Evidence Report** and Systematic Review for the US Preventive Services Task Force M Viswanathan and Coauthors

This systematic review to support the 2023 US Preventive Services Task Force Recommendation Statement on folic acid supplementation to prevent neural tube defects summarizes published evidence on the benefits and harms of folic acid supplementation for persons who are planning to or could become

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JAMA CLINICAL CHALLENGE

467 Radiographic Absence of the Left Humeral Head

AD Roche and OC Sheehan

An older patient with history of surgical decompression for syringomyelia, poor mobility, and frequent falls presented with pain, numbness, and paresthesias in his left upper extremity. Radiograph showed complete absence of the left humeral head. What is the diagnosis, and what would you do next?

CME

JAMA PATIENT PAGE

480 Folic Acid to Prevent Neural Tube Defects JJin

This JAMA Patient Page describes the pros and cons of folic acid supplementation during pregnancy to lower risk of fetal neural tube defects.

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Audio

News & Analysis

MEDICAL NEWS & PERSPECTIVES

395 Treating Bipolar Disorder Is Notoriously Difficult, but Research Underway Could Lead to New Options

M Suran

This Medical News article discusses the difficulties of studying, diagnosing, and treating bipolar disorder and new research initiatives to improve diagnostic tests and treatments.

399 New Weight Loss Drugs Make Headlines at Diabetes Meeting

J Abbasi

This Medical News article discusses research presented at the American Diabetes Association's 83rd Annual Scientific Sessions program.

Audio

MEDICAL NEWS IN BRIEF

401 Opioids No Better Than Placebo at Relieving Back Pain

E Harris

401 CDC: RSV Vaccine Recommended for Older People

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401 National Health Care Leaders Will Develop AI Code of Conduct

E Harris

401 Few Supplemental Indications for Drugs **Have Added Therapeutic Value**

F Harris

401 Medicaid Expansion Tied to Increased **Palliative Care Use**

E Harris

402 Federal and State Agencies Crack Down on Health Care Fraud

E Harris

402 FDA Greenlights First Cell Therapy for Adults With Type 1 Diabetes

E Harris

402 Depression After Head Injury Might Be Separate Disorder

E Harris

402 More Lean Muscle Might Reduce Alzheimer Disease Risk

F Harris

Humanities

POETRY AND MEDICINE

476 Nepenthe SC Biggerstaff

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477 From the July 14, 1883, Inaugural Issue of JAMA

Letters

RESEARCH LETTER

469 Changes in the Number of Continuation Patents on Drugs Approved by the FDA SS Tu and Coauthors

This study assesses the frequency of continuation patents on brand-name drugs approved by the US Food and Drug Administration from 2000 to 2015.

COMMENT & RESPONSE

Treating Coronary Artery Disease With Treat-to-Target or High-Intensity Statin 470 T Kawada

In Reply

471 S-J Hong, Y-J Lee, and M-K Hong

Treatment Effects of Therapeutic-Dose Heparin in Patients Hospitalized for COVID-19

471 BL Davidson and MM Levi

In Reply

472 EC Goligher, PR Lawler, and R Zarychanski

Pediatric Mental Health Hospitalizations at US Acute Care Hospitals

473 AD Carlo, C McNutt, and H Talebi

473 Y-H Chien and N-C Hsu

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474 M Arakelyan, JL McLaren, and JK Leyenaar

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