

In This Issue: December 23/30, 2025

Research

ORIGINAL INVESTIGATION

2176 Closed-Loop Insulin Delivery in Type 1 Diabetes in Pregnancy: The CIRCUIT Randomized Clinical Trial

LE Donovan and Coauthors

for the CIRCUIT Collaborative Group

This randomized clinical trial assesses the effect of a closed-loop insulin system on time spent in the pregnancy-specific glucose range among pregnant women with type 1 diabetes.

Editorial 2165

Related Article 2186

Visual Abstract | CME

2186 Gestational Weight Gain and Pregnancy Outcomes After GLP-1 Receptor Agonist Discontinuation

J Maya and Coauthors

This cohort study examines gestational weight gain and pregnancy outcomes after glucagon-like peptide-1 (GLP-1) receptor agonist discontinuation.

Editorial 2168

Related Articles 2227 and 2176

2197 Liberal or Restrictive Postoperative Transfusion in Patients at High Cardiac Risk: The TOP Randomized Clinical Trial

P Kougas and Coauthors

for the TOP Trial Investigators

This randomized clinical trial tests whether a liberal compared with a restrictive transfusion strategy lowers the risk of a cardiac event 90 days after major vascular or general surgery among patients at high cardiac risk.

Editorial 2171

Visual Abstract | Audio

RESEARCH LETTER

2225 Lung Cancer Deaths Prevented and Life-Years Gained From Lung Cancer Screening

P Bandi and Coauthors

This study examines the current national prevalence of up-to-date lung cancer screening and estimates lung cancer deaths prevented and life-years gained from screening.

Editorial 2174

2227 Increasing Postpartum Use of GLP-1 Receptor Agonists

M Bliddal and Coauthors

This study uses data from the Danish Medical Birth Register to examine postpartum use of glucagon-like peptide 1 receptor agonists.

Related Article 2186

Opinion

VIEWPOINT

2157 California's New Landmark Thirdhand Smoke Disclosure Law

GE Matt and NL Benowitz

2159 Direct-to-Consumer Tests for Chlamydia and Gonorrhea

MJ Nsuami and JE Figueroa

2161 The Ambulatory Specialty Model—Imitation or Innovation?

AS Oseran and RK Wadhwa

A PIECE OF MY MIND

2163 Room-Temperature Water

PT Starks

In this narrative medicine essay, a biology professor details undergoing radiation and chemotherapy to treat tongue cancer and how he manages the pain, especially when he swallows.

EDITORIAL

2165 Automated Insulin Delivery in Pregnancy

S Polsky

Related Article 2176

2168 Guiding Obstetric Care and Treatment Decisions for Women With Prior GLP-1 Receptor Agonist Use

CE Cesta, JA Hutcheon, and K Johansson

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2171 Postoperative Transfusion in Patients at High Cardiac Risk: Evidence, Uncertainty, and Nuance

JW Jacobs and EM Bloch

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2174 Lung Cancer Screening Saves Lives, but Could Save So Many More

AL Potter, LV Sequist, and C-FJ Yang

Related Article 2225

Online at JAMA.com

AUDIO

Weekly Editor's Summary

US Governors Form a Public Health Alliance

Highlights From Kidney Week 2025

From AHA: Coffee Consumption and Atrial Fibrillation, DASH-Patterned Groceries and Effects on Blood Pressure, Oral PCSK9 Inhibitor Elicotide for Heterozygous Familial Hypercholesterolemia, and more

Moving Toward a Safer World by 2040

VIDEO

Reducing Firearm Violence and Harms

CME

CME online at jamacmelookup.com

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Editor in Chief
Kirsten Bibbins-Domingo, PhD, MD, MAS

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Clinical Review & Education

SPECIAL COMMUNICATION

2208 Toward a Safer World by 2040: The JAMA Summit Report on Reducing Firearm Violence and Harms

FP Rivara and Coauthors

for the JAMA Summit on Reducing Firearm Violence and Harms

This Special Communication discusses the JAMA Summit on Firearm Violence and provides an innovations roadmap to lead to substantial reductions in firearm violence, injuries, and harm in the US by 2040.

Audio | Video | CME

JAMA INSIGHTS

2220 Continuous Glucose Monitoring

RM Bergenstal, TW Martens, and RW Beck

This JAMA Insights discusses continuous glucose monitoring use among individuals with type 2 diabetes, including types of devices, evidence of effectiveness, and adverse effects and contraindications.

CME

2223 Pharmacologic Treatment of Perinatal Depression

ES Miller, SK Cunningham, and LM Osborne

This JAMA Insights discusses the most effective pharmacological treatments for individuals experiencing perinatal depression.

CME

JAMA PATIENT PAGE

2240 What Is Endometriosis?

R Voelker

This JAMA Patient Page describes endometriosis development, as well as its signs and symptoms, diagnosis, and treatment.

Available online

News & Analysis

MEDICAL NEWS

2149 US Governors Are Forming a Public Health Alliance Amid Federal Funding Cuts and Shifting Guidance

K Schweitzer

This Medical News article discusses a new state-led coalition, called the Governors Public Health Alliance, to bolster disease detection and response as federal support wanes.

Audio

2152 SGLT2 Inhibitors, Fish Oil in Hemodialysis, GLP-1 Drugs, and More—Highlights From Kidney Week

J Abbasi

This Medical News article is an interview with Katherine R. Tuttle, MD, education committee co-chair of Kidney Week 2025 and a professor of medicine at the University of Washington.

Audio

MEDICAL NEWS IN BRIEF

2155 Midlife Heart Problems Associated With Heightened Dementia Risk

2155 Heavy Drinking May Lead to Earlier, More Severe Stroke

2155 Concerningly Low Self-Awareness of Chronic Kidney Disease

2155 Most Young Adults With High LDL Miss Recommended Statin Treatment

2156 Resistance Training Improves Long COVID Outcomes

2156 Habit-Based Lifestyle Programs Linked to Metabolic Syndrome Remission

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2236 Lessons From Attendinghood

S Görgens

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K Roberts and R Campo

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Outcomes of Nononcology Accelerated Approvals

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