

## In This Issue: October 14, 2025

### Research

#### ORIGINAL INVESTIGATION

##### 1246 Long-Term Anticoagulation Discontinuation After Catheter Ablation for Atrial Fibrillation: The ALONE-AF Randomized Clinical Trial

D Kim and Coauthors  
for the ALONE-AF Investigators

This randomized clinical trial compares discontinuing vs continuing oral anticoagulant therapy in patients without documented atrial arrhythmia recurrence after catheter ablation for atrial fibrillation.

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Visual Abstract

##### 1255 Semaglutide and Tirzepatide in Patients With Heart Failure With Preserved Ejection Fraction

N Krüger and Coauthors

This study evaluates the effectiveness and safety of semaglutide and tirzepatide in patients with cardiometabolic heart failure with preserved ejection fraction in clinical practice.

Audio

##### 1267 Individualized Prediction of Platelet Transfusion Outcomes in Preterm Infants With Severe Thrombocytopenia

H van der Staaij and Coauthors

This study examines a dynamic prediction model for major bleeding or mortality if prophylactic platelet transfusion were or were not to be given to infants with severe thrombocytopenia.

Editorial 1240

#### RESEARCH LETTER

##### 1294 Trends in the Proportion of US and International Medical Graduates at the County Level

R Hailat and Coauthors

This study assesses temporal trends in US medical graduates' and international medical graduates' relative contributions to the total physician workforce from 2010 to 2022, by rurality and across medically underserved areas.

##### 1295 Conflicts of Interest in Federal Vaccine Advisory Committees

GP Kanter, T Mankowitz, and P Lurie

This study analyzes the prevalence of reported conflicts of interest (COIs) among attendees at 2000-2024 meetings of the Centers for Disease Control and Prevention's Advisory Committee on Immunization Practices (ACIP) and the US Food and Drug Administration's Vaccines and Related Biological Products Advisory Committee (VRBPAC).

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SM Temkin

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##### 1227 New Challenges to Combating Fraud and Abuse in Health Care

DH Howard

##### 1229 Leveraging Novel Alternative Payment Models to Promote Evidence-Based Behavioral Health Care

JJ Huang and Coauthors

#### PERSPECTIVE

##### 1231 New Molecules and Indications for GLP-1 Medicines

MJ Gonzalez-Rellan and DJ Drucker

This Perspective explores recent progress and future directions in glucagon-like peptide-1 medicines.

#### A PIECE OF MY MIND

##### 1235 Good Grief

C Nelson

In this narrative medicine essay, a pediatric hospitalist who had to navigate alone her grief after her mom died during medical school offers some suggestions about the process to a friend as he navigates the loss of his mother.

### Online at JAMA.com

#### AUDIO

Weekly Editor's Summary

How Did Cystic Fibrosis Go From Fatal to Treatable?

September 2025 Medical News Summary

AI in Women's Health

From ESC: Remote Monitoring for Atrial Fibrillation, Semaglutide and Tirzepatide in Patients With Heart Failure

With Preserved Ejection Fraction, and more

Ovarian Cancer: Clinical Risk Factors and Treatment

#### VIDEO

Introducing JAMA+ Women's Health

Small Incision Cataract Surgery

#### CME

CME online at  
jamacmelookup.com

**CME Disclosure Statement:** Unless noted, all individuals in control of content reported no relevant financial relationships. If applicable, all relevant financial relationships have been mitigated.

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L Brubaker and K Bibbins-Domingo

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**1245 The Promise and Challenge of AI for Women's Health: A Special JAMA+ AI Conversation**

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### News & Analysis

#### MEDICAL NEWS

**1215 How Cystic Fibrosis Went From Fatal to Treatable**

J Abbasi

This Medical News article is an interview with pulmonologist Michael Welsh, MD, the co-recipient of the 2025 Lasker-DeBakey Clinical Medical Research Award for his research on cystic fibrosis.

 Audio

**1218 Ultraprocessed Foods and Cardiometabolic Health—New Report on a “Growing Public Health Challenge”**

S Anderer

This Medical News article discusses a new American Heart Association science advisory on ultraprocessed foods, cardiometabolic health, and policy recommendations for improving dietary patterns.

 Audio

**1221 CDC Chaos Spurs Demands for HHS Secretary Kennedy to Step Down**

R Rubin

This JAMA Medical News article discusses the growing demand for the resignation or firing of US Health and Human Services (HHS) Secretary Robert F. Kennedy Jr because of what critics view as an agenda unsupported by science.

#### MEDICAL NEWS IN BRIEF

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**Influenza and COVID-19 Multicomponent Vaccine in Adults**

**1301** Z Liu, L Zhang, and M Jiang

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**1301** AK Rudman Spergel, B Callendret, and L Kostanyan

 Available online

