

### ISSUE @ A GLANCE



#### Stop smoking and sleep well to reduce cardiovascular risk

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#### Cardiovascular clinical examination: the need for an evidence-based approach

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#### Inspired by a Nobel prizewinning father

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#### The Hellenic Journal of Cardiology: a 64-year voyage of discovery from the cradle of European civilization to the world

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#### Cardiology Update, Davos, 24-26 October 2021, Swiss Cardiology in the European Showcase

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### Weekly Journal Scan

#### Abelacimab and factor XI inhibition: a novel mechanism for the prevention of venous thromboembolism

*M.L. Narducci and C. Patrono*

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### FAST TRACK CLINICAL RESEARCH

#### Epidemiology and Prevention

##### Efficacy of a digital therapeutics system in the management of essential hypertension: the HERB-DH1 pivotal trial

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##### Digital therapeutics and lifestyle: the start of a new era in the management of arterial hypertension?

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### CLINICAL RESEARCH

#### Epidemiology and Prevention

##### Predictors, time course, and outcomes of persistence patterns in oral anticoagulation for non-valvular atrial fibrillation: a Dutch Nationwide Cohort Study

*M.M.A. Toorop, Q. Chen, V.Y.I.G. Tichelaar, S.C. Cannegieter, and W.M. Lijfering*

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#### Editorial

##### Persistence with treatment in atrial fibrillation: still a pressing issue in the era of direct oral anticoagulants

*P.V. Rasmussen and E. Hylek*

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#### Epidemiology and Prevention

##### Smoking cessation, but not reduction, reduces cardiovascular disease incidence

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#### Editorial

##### Importance of smoking cessation for cardiovascular risk reduction

*A.L. Møller and C. Andersson*

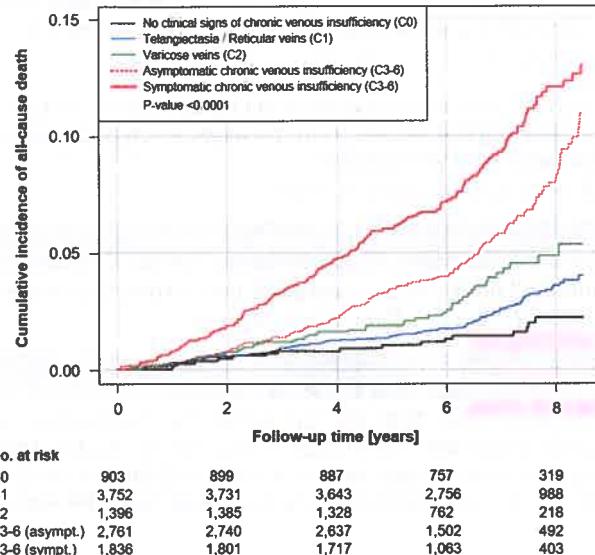
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## Epidemiology and Prevention

### Chronic venous insufficiency, cardiovascular disease, and mortality: a population study

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### The legs are a pathway to the heart: connections between chronic venous insufficiency and cardiovascular disease

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## Epidemiology and Prevention

### Insomnia symptoms and incident heart failure: a population-based cohort study

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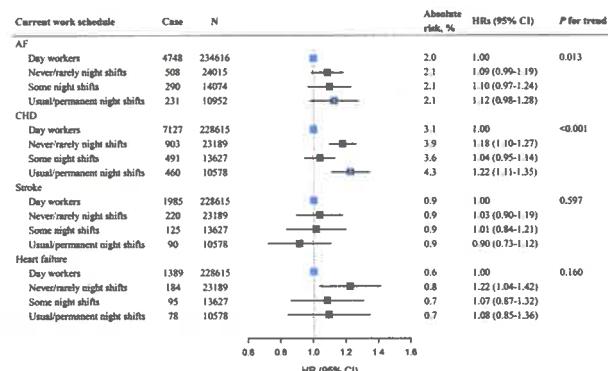
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## Epidemiology and Prevention

### Long-term night shift work is associated with the risk of atrial fibrillation and coronary heart disease

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## Editorial

### Keep your rhythm during rotational night work shifts!

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## DISCUSSION FORUM

Air pollution and cardiovascular diseases in young adults

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Potential effects of time-varying characteristics and discrepancies in covariates distribution upon interpreting the results from the association of air pollution and physical activity with cardiovascular disease among young adults

S.R. Kim, S. Choi, and S.M. Park

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## CARDIOVASCULAR FLASHLIGHT

Dumbbell on the heart: two giant left coronary artery aneurysms in an adolescent

L. Bian, Z. Fang, H. Qian, and Z. Wu

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## CORRECTIONS

Corrigendum to: 2020 ESC Guidelines for the diagnosis and management of atrial fibrillation developed in collaboration with the European Association for Cardio-Thoracic Surgery (EACTS); The Task Force for the diagnosis and management of atrial fibrillation of the European Society of Cardiology (ESC) Developed with the special contribution of the European Heart Rhythm Association (EHRA) of the ESC

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