

ISSUE @ A GLANCE

-  Sports cardiology: towards the sweet spot in competitive and leisure exercise
T.F. Lüscher

1

CardioPulse

- Cardiologists and the burnout scenario

M. Nicholls

5

- The ESC Atlas of cardiology

M. Nicholls

7

- Maintaining cardiovascular health in the digital era

D.M. Leistner and U. Landmesser

9

- A newly appointed EHJ International Editorial Board member—Professor Diana Gorog

12

CURRENT OPINION

- Coronary artery disease

Recommendations for participation in leisure time or competitive sports in athletes-patients with coronary artery disease: a position statement from the Sports Cardiology Section of the European Association of Preventive Cardiology (EAPC)

M. Borjesson, M. Dellborg, J. Niebauer, A. LaGerche, C. Schmied, E.E. Solberg, M. Halle, E. Adami, A. Biffi, F. Carré, S. Caselli, M. Papadakis, A. Pressler, H. Rasmussen, L. Serratosa, S. Sharma, F. van Buuren, and A. Pelliccia

13

SPECIAL ARTICLE

- Sports cardiology

Recommendations for participation in competitive and leisure time sport in athletes with cardiomyopathies, myocarditis, and pericarditis: position statement of the Sport Cardiology Section of the European Association of Preventive Cardiology (EAPC)

A. Pelliccia, E.E. Solberg, M. Papadakis, P.E. Adami, A. Biffi, S. Caselli, A. La Gerche, J. Niebauer, A. Pressler, C.M. Schmied, L. Serratosa, M. Halle, F. Van Buuren, M. Borjesson, F. Carré, N.M. Panhuyzen-Goedkoop, H. Heidbuchel, I. Olivotto, D. Corrado, G. Sinagra, and S. Sharma

19

CLINICAL RESEARCH

- Sports cardiology

Differential effects of endurance, interval, and resistance training on telomerase activity and telomere length in a randomized, controlled study

C.M. Werner, A. Hecksteden, A. Morsch, J. Zundler, M. Wegmann, J. Kratzsch, J. Thiery, M. Hohl, J.T. Bittenbring, F. Neumann, M. Böhm, T. Meyer, and U. Laufs

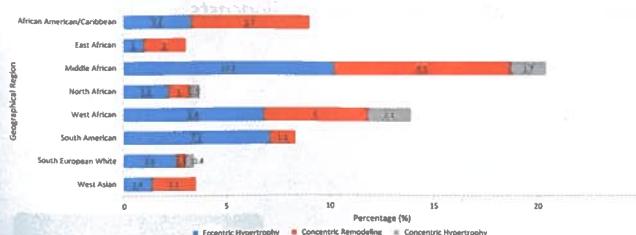
34

- Editorial

Exercise, telomerase activity, and cardiovascular disease prevention

K. Stellos and I. Spyridopoulos

47



Impact of geographical origin upon the electrical and structural manifestations of the black athlete's heart

N.R. Riding, S. Sharma, G. McClean, C. Adamuz, V. Watt, and M.G. Wilson

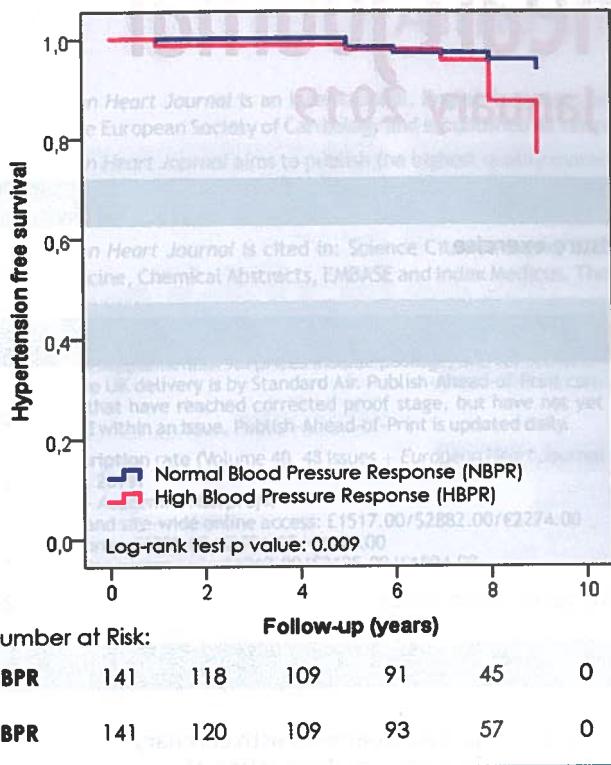
50

- Editorial

Black athletes' hearts

A. Zorzi, F. D'Ascenzi, and D. Corrado

59



High blood pressure response to exercise predicts future development of hypertension in young athletes

S. Caselli, A. Serdoz, F. Mango, E. Lemme, A. Vaquer Segù, A. Milan, C. Attenhofer Jost, C. Schmied, A. Spataro, and A. Pelliccia

62

DISCUSSION FORUM



Use of droxidopa for the long-term treatment of neurogenic orthostatic hypotension

S.R. Raj and L.A. Hewitt

69

Reply to the letter of Satish R. Ray *et al.* of 28 August 2018

M. Brignole, A. Fanciulli, and G. van Dijk

71

CARDIOVASCULAR FLASHLIGHTS

Weightlifting unmasks high-risk coronary anomaly

M. Totzeck, A.A. Mahabadi, T. Schlosser, and T. Rassaf

72

The cause of shortness of breath and fever

W. Zhang, X. Jin, F. Pei, and P. Zhang

73

CORRIGENDA/ERRATUM

Corrigendum to: Innovations in Medicine and Cost Savings: An Impossible Equation?

46

Corrigendum to: CXCL1-CXCR2 axis mediates angiotensin II-induced cardiac hypertrophy and remodelling through regulation of monocyte infiltration

49

Corrigendum to: Controlled study of the effect of proprotein convertase subtilisin-kexin type 9 inhibition with evolocumab on lipoprotein(a) particle kinetics

58

Erratum to: German Cardiac Society: Its History

61



Open Access Paper



For the podcast associated with this article, please visit <https://academic.oup.com/eurheartj/pages/Podcasts>



Visit EHJ's mobile site

<https://academic.oup.com/eurheartj>



www.eurheartj.org