



# MAYO CLINIC PROCEEDINGS

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Table of Contents

September 2019 Volume 94 Number 9

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## In The Limelight

1655 In the Limelight: September 2019

Karl A. Nath

## Editorials

1659 Mitigating Risk Patients With Dyslipidemia: A Statin a Day Does Not Always Keep the Doctor Away in Those With Elevated Triglycerides

R. Scott Wright and Joseph G. Murphy

1662 Health Care Harmonics: Fine Tuning the Tension Between Stakeholders

Kristine Olson

1665 Revisiting Renal Denervation

Raymond R. Townsend

## Medical Image

1668 Dyskeratosis Congenita

Eric T. Stoopler and Rabie M. Shanti

## Original Articles

1670 Association of Elevated Triglycerides With Increased Cardiovascular Risk and Direct Costs in Statin-Treated Patients

Peter P. Toth, Sephy Phillip, Michael Hull, and Craig Granowitz

Statin-treated patients with triglyceride levels of 150 mg/dL or greater had worse cardiovascular and health economic outcomes than those with well-managed triglyceride (<150 mg/dL) and HDL-C (>40 mg/dL) levels.

1681 Changes in Burnout and Satisfaction With Work-Life Integration in Physicians and the General US Working Population Between 2011 and 2017

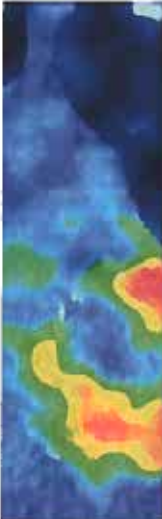
Tait D. Shanafelt, Colin P. West, Christine Sinsky, Mickey Trockel, Michael Tutty, Daniel V. Satele, Lindsey E. Carlisare, and Lotte N. Dyrbye

Despite modest improvement, burnout among US physicians remains a major problem for the health care delivery system.

Continued

- 1695 Effect of Catheter-Based Renal Denervation on Uncontrolled Hypertension: A Systematic Review and Meta-analysis**  
*Xiaocheng Cheng, Dongying Zhang, Suxin Luo, and Shu Qjn*   
Catheter-based renal denervation was associated with a significant blood pressure-lowering benefit without increasing major adverse events.
- 1707 Gender Differences in Pain Risk in Old Age: Magnitude and Contributors**  
*Esther García-Esquinas, Isabel Rodríguez-Sánchez, Rosario Ortolá, Esther Lopez-Garcia, Francisco Félix Caballero, Leocadio Rodríguez-Mañas, José R. Banegas, and Fernando Rodríguez-Artalejo*    
A greater frequency of some chronic diseases, worse functional status, psychological distress, and lower physical activity can mediate the excess risk of pain in older women compared with men.
- 1718 High-Intensity Interval Training in Cardiac Rehabilitation: Impact on Fat Mass in Patients With Myocardial Infarction**  
*Yaoshan Dun, Randal J. Thomas, Jose R. Medina-Inojosa, Ray W. Squires, Hsuhang Huang, Joshua R. Smith, Suixin Liu, and Thomas P. Olson*    
Supervised high-intensity aerobic interval training significantly reduced total body and abdominal fat, and improved lipid profiles, in cardiac rehabilitation patients with myocardial infarction.
- 1731 Severe Hypoglycemia Attributable to Intensive Glucose-Lowering Therapy Among US Adults With Diabetes: Population-Based Modeling Study, 2011-2014**  
*Grace K. Mahoney, Henry J. Henk, and Rozalina G. McCoy*     
High-quality diabetes care is predicated on balancing the benefits and harms of glucose-lowering therapy. Very intensive treatment should be avoided, particularly among the elderly, the clinically complex, and patients with a long duration of diabetes.
- 1743 Repeat Coronary Bypass Surgery or Percutaneous Coronary Intervention After Previous Surgical Revascularization**  
*Chaim Locker, Lawrence E. Greiten, Malcolm R. Bell, Robert L. Frye, Amir Lerman, Richard C. Daly, Kevin L. Greason, Sameh M. Said, Brian D. Lahr, John M. Stulak, Joseph A. Dearani, and Hartzell V. Schaff*   
Repeat coronary artery bypass grafting is associated with improved long-term survival after previous coronary artery bypass grafting, especially compared with percutaneous coronary intervention involving bypass grafts.
- 1753 Clinical Applications and Utility of a Precision Medicine Approach for Patients With Unexplained Cytopenias**  
*Abhishek A. Mangaonkar, Alejandro Ferrer, Filippo Pinto e Vairo, Margot A. Cousin, Ryan J. Kuisle, Naseema Gangat, William J. Hogan, Mark R. Litzow, Tammy M. McAllister, Eric W. Klee, Konstantinos N. Lazaridis, A. Keith Stewart, and Mrinal M. Patnaik*    
A high index of clinical suspicion, with use of latest sequencing technologies, would not only enable timely diagnosis, but also avoid subjecting patients to inadvertent therapies such as immunosuppression, myeloablative doses of chemotherapy, alkylating agents, and ionizing radiation.
- 1769 Clinical Characteristics of Biopsy-Proven IgA Vasculitis in Children and Adults: A Retrospective Cohort Study**  
*Michel Villatoro-Villar, Cynthia S. Crowson, Kenneth J. Warrington, Ashima Makol, Steven R. Ytterberg, and Matthew J. Koster*    
Patients aged 51 years or older at diagnosis had a significantly higher risk of death compared with the general population, most commonly due to malignancy.

Continued





- 1781 Fungal Diagnostic Stewardship in Bronchoscopy Specimens for Immunocompetent Patients in the Intensive Care Unit**  
*Aditya S. Shah, John C. O'Horo, Schirin Tang, Alexandra L. Bryson, Nancy L. Wengenack, and Priya Sampathkumar*  
 In immunocompetent, critically ill patients, fungal culture of respiratory tract specimens does not add diagnostic value.
- 1786 Room for Improvement: A Systematic Review and Meta-analysis on the Informed Consent Process for Emergency Surgery**  
*Ryan S. D'Souza, Rebecca L. Johnson, Layne Bettini, Phillip J. Schulte, and Christopher Burkle*   
 Patients undergoing emergency surgery have poorer recall of surgical complications, lower rates of satisfaction, and lower rates of having read consent forms compared with those having elective surgery.
- 1799 Model for End-Stage Liver Disease Score Predicts Development of First Episode of Spontaneous Bacterial Peritonitis in Patients With Cirrhosis**  
*Rashid Khan, Sujan Ravi, Sakkann Chirapongsathorn, Whitney Jennings, Habeeb Salameh, Kirk Russ, Matt Skinner, Sandhya Mudumbi, Douglas Simonetto, Yong-Fang Kuo, Patrick S. Kamath, and Ashwani K. Singal*   
 Spontaneous bacterial peritonitis occurrence predicted inpatient mortality among hospitalized patients for decompensation of cirrhosis.
- 1807 High Prevalence of Celiac Disease Among Screened First-Degree Relatives**  
*Shilpa S. Nellikkal, Yamen Hafed, Joseph J. Larson, Joseph A. Murray, and Imad Absah*   
 Non-classic and silent (asymptomatic) presentation predominated among diagnosed first-degree relatives.
- 1814 N-Acetylcysteine Rinse for Thick Secretion and Mucositis of Head and Neck Chemoradiotherapy (Alliance MC13C2): A Double-Blind Randomized Clinical Trial**  
*Terence T. Sio, Miran J. Blanchard, Paul J. Novotny, Samir H. Patel, Jean-Claude M. Rwigyema, Levi D. Pederson, Lisa A. McGee, Mauricio E. Gamez, Grant R. Seeger, James A. Martenson, Yvonne Grover, Michelle A. Neben Wittich, Yolanda I. Garces, Robert L. Foote, Robert C. Miller, and Michele Y. Halyard*   
 An N-acetylcysteine rinse was safe and showed potential efficacy for improving thickened saliva and xerostomia symptoms in patients with head and neck cancer who underwent chemoradiotherapy.
- 1825 Survival and Progression in Synucleinopathy Phenotypes With Parkinsonism: A Population-Based Study**  
*Rodolfo Savica, Pierpaolo Turcano, James H. Bower, J. Eric Ahlskog, and Michelle M. Mielke*   
 Patients with tremor as a presenting symptom have longer survival. In contrast, the presence of bradykinesia/rigidity as a presenting symptom correlates with reduced survival across all types of synucleinopathies.


### Medical Image

- 1832 Jugular Paraganglioma Presenting With Collet-Sicard Syndrome**  
*Jacob K. Dey and Matthew L. Carlson* 

### Special Article

- 1834 Oncolytic Measles Virotherapy and Opposition to Measles Vaccination**  
*Stephen J. Russell, Dusica Babovic-Vuksanovic, Alice Bexon, Roberto Cattaneo, David Dingli, Angela Dispenzieri, David R. Deyle, Mark J. Federspiel, Adele Fielding, Eva Galanis, Martha Q. Lacy, Bradley C. Leibovich, Minetta C. Liu, Miguel Muñoz-Alía, Tanner C. Miest, Julian R. Molina, Sabine Mueller, Scott H. Okuno, Nandakumar Packiriswamy, Tobias Peikert, Corey Raffel, Frits Van Rhee, Guy Ungerechts, Paul R. Young, Yumei Zhou, and Kah-Whye Peng* 

## Reviews


- 1840** Clinicians' Guide to Cannabidiol and Hemp Oils  
*Harrison J. VanDolah, Brent A. Bauer, and Karen F. Mauck*
- 1852** Exercise Counteracts the Cardiotoxicity of Psychosocial Stress  
*Evan L. O'Keefe, James H. O'Keefe, and Carl J. Lavie* 

## Understanding Disease



- 1865** Neurologic Autoimmunity in the Era of Checkpoint Inhibitor Cancer Immunotherapy  
*Anastasia Zekeridou and Vanda A. Lennon*  

Please note that articles with an "e" page designation are available only in the online version of the Journal at [www.mayoclinicproceedings.org](http://www.mayoclinicproceedings.org)

## Residents' Clinic

- 1879** 69-Year-Old Woman With Progressive Weakness and Anorexia  
*Janice M. Cho and Chris A. Aakre*
- 1883** 60-Year-Old Man With Syncope, Abdominal Pain, and Hematochezia  
*Nicholas M. McDonald, Guilherme Piovezani Ramos, and Seth Sweetser*
- e105** 31-Year-Old Woman With Jaundice and Abdominal Pain  
*Daniel D. Penrice, Amrit K. Kamboj, and Laura S. Greenlund* 

## Thematic Review on Gastroenterological Diseases—CME Credit Offered

- 1888** Barrett Esophagus  
*Prasad G. Iyer and Vivek Kaul*  

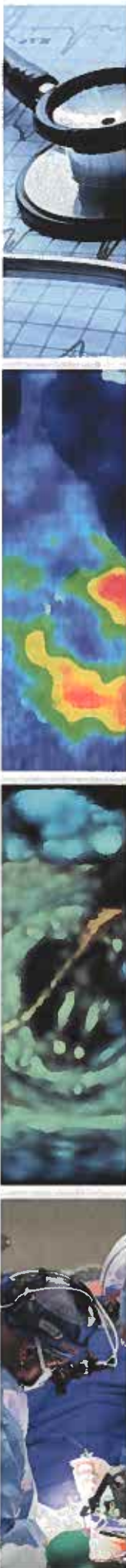
## Medical Image

- 1902** Interdigital Erythrasma  
*Jose Ignacio Galvañ Pozo and Elisabeth Gómez Moyano*

## Letters to the Editor

- 1904** Ask Mayo Expert: Anemia Workup in 1919  
*William J. Archibald, Renee E. Ziemer, and James S. Newman*
- 1904** Embolized Spinal Dural AV Fistula Repairs Syringomyelia and Polyradiculopathy  
*Marcus V. Pinto, Harry Cloft, and Christopher J. Klein*
- 1906** Quality of Life of Patients With Marfan Syndrome After Valve-Sparing or Valve-Replacement Operations  
*Meghana R.K. Helder, Hartzell V. Schaff, Brian D. Lahr, D. Craig Miller, and Heidi M. Connolly*
- 1909** Incidence of Euglycemic Diabetic Ketoacidosis in Adults With Type 1 Diabetes in the United Kingdom Before the Widespread Use of Sodium Glucose Cotransporter 2 Inhibitors  
*James Macfarlane and Ketan Dhatariya*

Continued





- 1910 A National Needs Assessment of Point-of-Care Ultrasound Training for Hospitalists**  
 Charles M. LoPresti, Jeremy S. Boyd, Christopher Schott, Megan Core, Brian P. Lucas, Angel Colon-Molero, Chad Kessler, Michael J. Mader, Elizabeth K. Haro, Erin P. Finley, Marcos I. Restrepo, Jacqueline Pugh, and Nilam J. Soni

### Path to Patient Image Quiz

- 1913 Renal Leiomyoma**  
 J. Kenneth Schoolmeester and Lori A. Erickson

### Stamp Vignette on Medical Science

- e111 Baron Aarnoud van Heemstra, Humanitarian Governor of Suriname and Grandfather of Audrey Hepburn**  
 David P. Steensma and Robert A. Kyle

### Art at Mayo Clinic

- e113 India, Contemporary Textiles**  
 Margaret R. Wentz

### Other Features

- 15A Professional Opportunities**

### Coming Soon...

- |  |   |
|--|---|
| <b>Obesity Paradox in Pulmonary Embolism: Myth or Reality?</b>                     | <b>Braden Skin Score and Cardiac Intensive Care Mortality</b>     |
| <b>Adiposity and Cardiovascular Risk in Children and Adolescents</b>               | <b>Self-Valuation in the Practice of Medicine</b>                 |
| <b>Thematic Review on Vaccines for Health Care Personnel</b>                       | <b>Health Care Utilization in the Year Before Suicide</b>         |
| <b>Readmissions Among Patients With Acute Decompensated Heart Failure</b>          | <b>Predictors of Survival in Isolated Tricuspid Regurgitation</b> |
| <b>Medication-Assisted Treatment for Opioid Use Disorder</b>                       | <b>Accuracy of CT Imaging to Exclude Pheochromocytoma</b>         |
| <b>Protective Effect of Exercise on Pregnant Women</b>                             | <b>Consensus Statement on Adult Histiocytic Neoplasms</b>         |
| <b>Early Detection of Pancreatic Cancer in Patients With Chronic Liver Disease</b> | <b>Pure Autonomic Failure</b>                                     |
| <b>Cumulative Radiation From Computed Tomography</b>                               | <b>Regenerative Materials for Surgical Reconstruction</b>         |