



# Mayo Clinic Proceedings

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This article has been given "Editor's Choice" distinction.



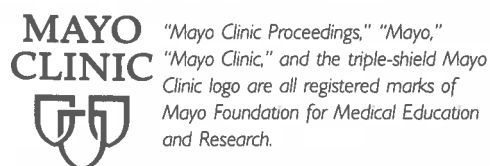
An author interview accompanies this article.



Supplemental material accompanies this article at [www.mayoclinicproceedings.org](http://www.mayoclinicproceedings.org).



Indicates articles focusing on health humanities and ethical decision making as applied to medicine and the health sciences.



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