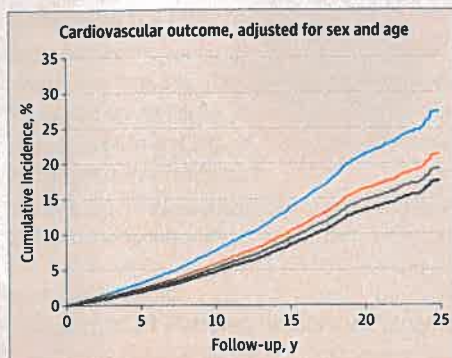


## Research

### Blood Pressures and Cardiovascular Outcomes 409



Many indexes can be derived from conventional and ambulatory blood pressure recordings. In a longitudinal population-based cohort study of 11135 adult participants, Yang and colleagues for the International Database on Ambulatory Blood Pressure in Relation for Cardiovascular Outcomes Investigators found that higher 24-hour and nighttime blood pressures were associated with mortality and a composite cardiovascular end point.

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### Patient Assistance Programs for Prescription Drugs 422

Patient assistance programs subsidize out-of-pocket costs for prescription drugs. Kang and colleagues conducted a descriptive cross-sectional study of the 6 largest independent charities offering 274 disease-specific patient assistance programs and found that most programs required insurance coverage for eligibility. In an Editorial, Kraschel and Curfman explain how patient assistance programs drive up health care costs by providing support for more expensive specialty drugs in lieu of less expensive alternatives.

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### Genetic Risk, Lifestyle, and Dementia 430

It is unclear whether adherence to a healthy lifestyle may offset an individual's genetic risk for dementia. Lourida and colleagues followed up 196 383 older adults for 1545 433 person-years and found that a healthier lifestyle was associated with a lower risk of dementia for participants at high genetic risk.



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**136 YEARS**  
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## Clinical Review & Education

### RECOMMENDATION STATEMENT

#### Screening for Pancreatic Cancer

438

Most pancreatic adenocarcinomas are detected at advanced stages, for which 5-year survival is less than 5%. The US Preventive Services Task Force found no evidence that imaging-based screening for pancreatic adenocarcinoma is associated with reduced morbidity or mortality. In an Editorial, Lucas and Kastrinos discuss cancer surveillance for groups at increased risk of malignancy.

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🎧 Author Audio Interview [jama.com](http://jama.com) CME [jamanetwork.com/learning](http://jamanetwork.com/learning)

### EVIDENCE REPORT

#### Outcomes of Pancreatic Cancer Screening

445

In a review of 13 prospective cohort screening studies with 1317 participants, Henrikson and colleagues found limited evidence to assess benefits or harms of surgical intervention for screen-detected pancreatic adenocarcinoma.

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#### Diagnosing Appendicitis in Pregnancy

455

The differential diagnosis of acute abdominal pain in pregnant women includes appendicitis as well as obstetric conditions. This JAMA Insights article by Schwulst and Son discusses the use of imaging to detect appendicitis in pregnant patients.

#### Omadacycline for Community-Acquired Infections

457

There is a need for broad-spectrum antibiotics to treat drug-resistant, community-acquired infections. This Medical Letter on Drugs and Therapeutics discusses the use of omadacycline, a semisynthetic tetracycline derivative, for the treatment of community-acquired bacterial pneumonia and acute bacterial skin and skin structure infections in adults.

## Screening for Pancreatic Cancer



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Insulin Pumps Could Be Hacked

Combination Approved for Advanced Multiple Myeloma

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### Editor's Audio Summary

Howard Bauchner, MD, summarizes and comments on this week's issue.

### US Preventive Services Task Force

Explore recommendation statements and accompanying evidence reports on various health issues at [jamanetwork.com/collections/44068/united-states-preventive-services-task-force](http://jamanetwork.com/collections/44068/united-states-preventive-services-task-force).

### Author Audio Interview



Robert M. Wachter, MD, author of "Reimagining Specialty Consultation in the Digital Age: The Potential Role of Targeted Automatic Electronic Consultations"

### Author Audio Interview



Chyke A. Doubeni, MD, MPH, author of "Screening for Pancreatic Cancer: US Preventive Services Task Force Reaffirmation Recommendation Statement"

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