

# In This Issue: July 18, 2023

#### Research

#### **ORIGINAL INVESTIGATION**

228 Once-Weekly Insulin Icodec vs Once-Daily Insulin Degludec in Adults With Insulin-Naive Type 2 Diabetes: The ONWARDS 3 Randomized Clinical Trial

I Lingvay and Coauthors

This randomized clinical trial examines the efficacy and safety of once-weekly icodec vs once-daily insulin degludec in people with insulin-naive type 2 diabetes.

Visual Abstract

# 238 State Public Insurance Coverage Policies and Postpartum Care Among Immigrants

MW Steenland and Coauthors

This study examines the association between state public insurance coverage and postpartum care among low-income immigrants and the differences in care received among immigrants relative to nonimmigrants.

Viewpoint 215

# 247 Accelerometer-Derived "Weekend Warrior" Physical Activity and Incident Cardiovascular Disease

S Khurshid and Coauthors

This study examines associations between an accelerometer-derived "weekend warrior" pattern (ie, most moderate to vigorous physical activity achieved over 1-2 days) vs similar physical activity spread more evenly and the risk of incident cardiovascular events.

Viewpoint 213

**E** CME

## **Opinion**

## VIEWPOINT

213 Physical Activity for Health— Every Minute Counts

PT Katzmarzyk and JM Jakicic

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215 Highlighting State Innovation to Close Coverage Gaps in Perinatal Care for Noncitizens

JK Park, C Reyes-Becerra, and MD Makhlouf

Related Article 238

217 The Scope and Legal Implications of Tracking Technologies on Hospital Websites

MS McCoy, AB Friedman, and AK Hoffman

#### Available online

jama.com

## 219 PEPFAR at 20— Looking Back and Looking Ahead

J Nkengasong, I Zaidi, and IT Katz

## 221 Responding to the Call to Meaningfully Assess Institutional Review Board Effectiveness

H Fernandez Lynch, EA Hurley, and HA Taylor

#### A PIECE OF MY MIND

#### 223 Death by Patient Portal

M Stillman

In this narrative medicine essay, an internist suffering from portal communication burnout explored several solutions, none of which sat well with him, so he decided to write a letter to his patients explaining his fatigue and asking them to abide by some usage guidelines.

#### **EDITORIAL**

225 Still "on the Fence" About Universal Childhood Lipid Screening: The USPSTF Reaffirms an I Statement

SD de Ferranti, AE Moran, and DS Kazi

Related Articles 253 and 261 JAMA Patient Page 292

H Audio

#### **Clinical Review & Education**

## **US PREVENTIVE SERVICES TASK FORCE**

253 Screening for Lipid Disorders in Children and Adolescents:

US Preventive Services Task Force Recommendation Statement

US Preventive Services Task Force

This 2023 Recommendation Statement from the US Preventive Services Task Force concludes that the current evidence is insufficient to assess the balance of benefits and harms of screening for lipid disorders in children and adolescents 20 years or younger (I statement).

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#### Online at JAMA.com

#### **AUDIO**

Editor's Summary of This Issue

USPSTF Recommendation: Screening for Lipid Disorders in Children and Adolescents

#### E CME

CME online at iamacmelookup.com

CME Disclosure Statement: Unless noted, all individuals in control of content reported no relevant financial relationships. If applicable, all relevant financial relationships have been mitigated.

#### INSTRUCTIONS FOR AUTHORS

jamanetwork.com/pages/for-authors

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Editor in Chief Kirsten Bibbins-Domingo, PhD, MD, MAS



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261 Screening for Lipid Disorders in Children and Adolescents: Updated Evidence Report and Systematic Review for the US Preventive Services Task Force

JM Guirguis-Blake and Coauthors

This systematic review to support the 2023 US Preventive Services Task Force Recommendation Statement on screening for lipid disorders in children and adolescents summarizes published evidence on the benefits and harms of screening for, and treatment of, dyslipidemia due to familial hypercholesterolemia and multifactorial

dyslipidemia in children and adolescents 20

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years and younger.

- Audio | CME

#### JAMA CLINICAL CHALLENGE

275 Skin Lesions, Foot Drop, and Hand Contractures

AR Filley, S Saad, and K Altman

A previously healthy individual in his 20s had 3 months of annular skin lesions, with numbness and paresthesia in the affected areas. Physical examination revealed multiple tattoos, bilateral palpable thickened auricular and ulnar nerves, and claw-hand deformity; test results for rapid plasma reagin, antinuclear antibodies, rheumatoid factor, acid-fast bacilli, mycobacteria, and fungi were negative, and biopsy did not identify *Mycobacterium leprae*. What is the diagnosis and what would you do next?

E CME

#### **JAMA PATIENT PAGE**

292 Screening for Lipid Disorders in Children and Adolescents

J Jin

This JAMA Patient Page describes lipid disorders, and the pros and cons of screening for them in children and adolescents.

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#### **News & Analysis**

#### **MEDICAL NEWS & PERSPECTIVES**

205 A More Diverse and Complete Reference Human Genome Is Poised to Change Medicine

J Madhusoodanan

This Medical News article discusses the Human Pangenome Project.

# 207 The Dream of Early Intervention in Narcolepsy

O Eastman

This Medical News article discusses experimental approaches to preserve the neuropeptide hypocretin in patients with new-onset narcolepsy type 1.

#### **MEDICAL NEWS IN BRIEF**

210 Health Care Costs Will Comprise About 20% of US Economy by 2031 E Harris

210 Daily Dose of Aspirin Linked With Anemia in Older People

F Harris

210 Weight Loss Does Not Improve Impaired Brain Responses in People With Obesity E Harris

210 Most People Experiencing More Days of Heavy Wildfire Smoke

E Harris

210 Patients With COVID-19 and Fungal Infections Had High Mortality Rates E Harris

211 Meta-Analysis: Social Isolation, Loneliness Tied to Higher Mortality

E Harris

211 Testosterone Therapy Did Not Increase Major Cardiovascular Events

E Harris

211 More Than 80% of the World's Morphine Goes to North America, Europe

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#### **RESEARCH LETTER**

278 Utilization Management Trends in Medicare Part D Oncology Drugs, 2010-2020

MA Kyle, SB Dusetzina, and NL Keating

This study examines the exposure of Medicare Part D beneficiaries to utilization management, such as prior authorization, for oral oncology drugs.

281 Texas' 2021 Ban on Abortion in Early Pregnancy and Changes in Live Births

SO Bell, EA Stuart, and A Gemmill

This study evaluates changes in the number of births in Texas after passage of Texas' Senate Bill 8 (SB8), which bans abortions as early as 5 weeks' gestation.

#### **COMMENT & RESPONSE**

Increasing All-Cause Mortality in US Children and Adolescents

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283 SH Woolf, ER Wolf, and FP Rivara

A Systems Approach to Reducing Medical Error

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284 PJ Pronovost and JA Edlow

IUD Expulsion Rates After Early Postpartum vs Interval Placement

285 B Gao and L Zhang

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285 S Averbach, F Vaida, and LG Hofler

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