

Research

CARING FOR THE CRITICALLY ILL PATIENT

Flexible Family Visitation in the Intensive Care Unit

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Flexible visitation policies in intensive care units may increase family satisfaction and reduce patient stress. For the ICU Visits Study Group Investigators and the Brazilian Research in Intensive Care Network, Rosa and colleagues randomized 36 intensive care units caring for 1685 patients and 1295 family members and found that a flexible family visitation policy, compared with standard restrictive visiting hours, did not reduce the incidence of delirium. In an Editorial, Rose and colleagues suggest that improving mental status and psychological outcomes of critically ill patients and their families is likely to be as challenging as improving patient survival.

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CARING FOR THE CRITICALLY ILL PATIENT

Intensive Care Diaries and Posttraumatic Stress

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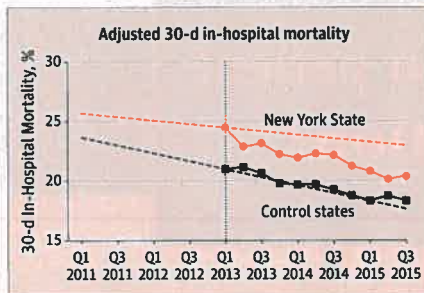
Reviewing a daily record of a patient's experiences in intensive care may help the patient gain a sense of reality by addressing traumatic memories and gaps in recall. In a randomized clinical trial that enrolled 657 patients from 35 intensive care units, Garrouste-Orgeas and colleagues found that the use of an intensive care unit diary did not reduce the proportion of patients who exceeded a predetermined threshold of posttraumatic stress disorder symptoms.

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State-Mandated Sepsis Care and In-Hospital Mortality

240



Timely sepsis treatment improves health outcomes, but the role of government mandates to enforce the use of sepsis protocols is controversial. Kahn and colleagues conducted an interrupted time series analysis of 1012410 sepsis admissions in 509 hospitals and found that mandated protocolized sepsis care was associated with a greater decrease in mortality for patients who were hospitalized with sepsis.

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Image courtesy of Netflix

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Editor in Chief
Howard Bauchner, MD

136 YEARS
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Research (continued)

Endovascular Reperfusion Therapy for Acute Ischemic Stroke **252**

Evidence from randomized trials suggests that the benefit of endovascular reperfusion therapy may be time dependent. Jahan and colleagues conducted a retrospective cohort study of 6756 patients with large vessel occlusion acute ischemic stroke treated in routine clinical practice and found that shorter time to endovascular reperfusion therapy was associated with better vascular and functional outcomes.

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Clinical Review & Education

A Woman With Hyperhidrosis and a Dilated Pupil **264**



This JAMA Clinical Challenge by R. Micieli and J. A. Micieli presents a 39-year-old woman with palmar and axillary hyperhidrosis who noticed that her left pupil was dilated when she looked in a mirror. What would you do next?



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Editor's Audio Summary

Christopher C. Muth, MD, summarizes and comments on this week's issue.

Author Audio Interview



S. Claiborne Johnston, MD, PhD, author of "Academic Medical Centers: Too Large for Their Own Health?"

JN Learning

CME is now available on JAMA Clinical Challenge articles. Quizzes are available at edhub.ama-assn.org/jn-learning.

Summary Video

Association Between Time to Treatment With Endovascular Reperfusion Therapy and Outcomes in Patients With Acute Ischemic Stroke Treated in Clinical Practice

Visual Abstract

"Effect of Flexible Family Visitation on Delirium Among Patients in the Intensive Care Unit: The ICU Visits Randomized Clinical Trial" and "Effect of an ICU Diary on Posttraumatic Stress Disorder Symptoms Among Patients Receiving Mechanical Ventilation: A Randomized Clinical Trial"

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