#### Research

#### CARING FOR THE CRITICALLY ILL PATIENT

# Vitamin C for Sepsis With Respiratory Failure

126

Experimental data suggest that intravenous vitamin C may attenuate inflammation and vascular injury associated with sepsis and acute respiratory distress syndrome. Fowler and colleagues randomized 167 patients with sepsis and acute respiratory distress syndrome and found that a 96-hour infusion of vitamin C, compared with placebo, did not significantly improve organ dysfunction scores or alter markers of inflammation and vascular injury. In an Editorial, Brant and Angus suggest that a larger trial could address the dosing and timing of vitamin C for subtypes of patients with sepsis.

Editorial 1257

Incidence, %

Cumulative

**■** Visual Abstract jama.com

# **Metabolic Surgery and Cardiovascular Outcomes**

1271

Eight-year cumulative incidence estimates

Nonsurgical controls

Nonsurgical controls

Metabolic surgery

Years Since Index Date

Procedures that influence metabolism by inducing weight loss and altering gastrointestinal physiology can improve cardiometabolic risk factors. Aminian and colleagues conducted a retrospective cohort study with 13 722 participants who had type 2 diabetes and obesity and found that metabolic surgery, compared with nonsurgical management, was associated with a significantly lower risk of major

adverse cardiovascular events. In an Editorial, Livingston suggests that bariatric surgery should be considered a preferred treatment option for some patients with diabetes and obesity who have not been able to lose weight by other means.

Editorial 1259

Author Audio Interview jama.com CME jamanetwork.com/learning

# **Anesthesia and Functional Outcomes After Thrombectomy**

1283

It is unclear whether anesthetic strategy affects functional outcome in patients undergoing mechanical thrombectomy for acute ischemic stroke. Schönenberger and colleagues for the SAGA Collaborators reviewed data for 368 patients enrolled in 3 randomized trials and found that the use of protocol-based general anesthesia, compared with procedural sedation, was associated with less disability at 3 months.

■ CME jamanetwork.com/learning

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The Arts and Medicine

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Editor in Chief Howard Bauchner, MD 136 YEARS
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# In This Issue of JAMA

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## **Clinical Review & Education**

# **Diagnosis and Management of Chronic Kidney Disease**

1294

The most common causes of chronic kidney disease are diabetes and hypertension. Chen and colleagues review the clinical management of patients with chronic kidney disease, which includes cardiovascular risk reduction, treatment of albuminuria, avoidance of nephrotoxins, and adjustments to drug dosing.

**■CME** jamanetwork.com/learning

#### **GENOMICS AND PRECISION HEALTH**

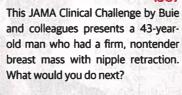
## **Assessing the Pathogenicity of Genetic Variants**

1305

Using allele frequency to assess the likely pathogenicity of genetic variants is challenging because common variants are unlikely to cause diseases that decrease reproductive fitness and rare variants are typically benign. This JAMA Insights article by Whiffin and colleagues discusses the use of large, diverse reference data sets for the clinical interpretation of human genetic variation.

## A Man With a Unilateral Breast Mass

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# **Editor's Audio Summary**

Howard Bauchner, MD, summarizes and comments on this week's issue.

## **Author Audio Interview**



Benjamin D. Sommers, MD, PhD, author of "Medicaid Expansion and Health: Assessing the Evidence After 5 Years"

#### **Author Audio Interview**

Steven E. Nissen, MD, author of "Association of Metabolic Surgery With Major Adverse Cardiovascular Outcomes in Patients With Type 2 Diabetes and Obesity"

## Visual Abstract

"Effect of Vitamin C Infusion on Organ Failure and Biomarkers of Inflammation and Vascular Injury in Patients With Sepsis and Severe Acute Respiratory Failure: The CITRIS-ALI Randomized Clinical Trial"

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