# In This Issue of JAMA

March 12, 2019

Volume 321, Number 10 Pages 911-1014

### **Epicutaneous Immunotherapy for Peanut Allergy**

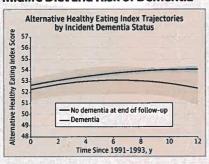
946

Compared with oral and sublingual immunotherapies for peanut allergy, epicutaneous immunotherapy uses a lower dose of peanut allergen, avoids oral allergen ingestion, and may have a lower risk of adverse events. Fleischer and colleagues randomized 356 peanut-allergic children and found a 21.7% difference in response for peanut-patch therapy vs placebo, but this difference did not meet the prespecified criterion for a positive trial result.

**■Visual Abstract jama.com CME jamanetwork.com/learning** 

#### Midlife Diet and Risk of Dementia

957



The relationship of diet and cognitive aging is unclear because dietary behavior and nutrient intake can change during the long preclinical period of dementia. In a prospective cohort study of 8225 participants with long-term follow-up and multiple assessments of diet, Akbaraly and colleagues found that diet quality assessed in midlife was not significantly associated with subsequent risk of dementia.

### **Tramadol and All-Cause Mortality**

969

Clinical guidelines recommended tramadol or nonsteroidal anti-inflammatory drugs for pain relief in patients with osteoarthritis of the knee. Zeng and colleagues conducted a propensity score-matched cohort study of 88 902 patients with osteoarthritis and found that tramadol was associated with a higher rate of mortality over 1-year follow-up in comparison with commonly prescribed nonsteroidal anti-inflammatory drugs, but not in comparison with codeine.

## **Opinion**

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Howard Bauchner, MD

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**Editor in Chief** 

## In This Issue of JAMA

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#### **Clinical Review & Education**

### **Recommendations for Patient Blood Management**

The goal of patient blood management (PBM) is to achieve optimal red blood cell mass by minimizing blood loss and limiting transfusions. Mueller and colleagues for the ICC PBM Frankfurt 2018 Group discuss the management of preoperative anemia, thresholds for red blood cell transfusion, and implementation of PBM programs. In an Editorial, Zeller and Kaufman note that many health care systems have adopted PBM programs because they lower costs and may improve patient outcomes.

Editorial 943

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#### **Internal Hernia During Pregnancy**



This JAMA Clinical Challenge by Fedorka and colleagues presents a pregnant 31-year-old woman with severe abdominal pain who had undergone a gastric bypass 4 years earlier. After giving birth to a healthy infant, the patient continued to have severe pain with rebound tenderness and unstable vital signs; a computed tomography scan of the abdomen showed an internal hernia with mesenteric vascular compromise. What would you do next?

#### **Dupilumab for Moderate to Severe Asthma**

1000

998

Dupilumab is a subcutaneously injected monoclonal antibody that decreases inflammation in patients with atopic dermatitis or asthma. This Medical Letter on Drugs and Therapeutics discusses add-on maintenance treatment with dupilumab for patients with moderate to severe asthma.



JAMA Patient Page 1014 Meningococcal Meningitis

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### **Editor's Audio Summary**

Howard Bauchner, MD, summarizes and comments on this week's issue.

#### **Visual Abstract**

"Effect of Epicutaneous Immunotherapy vs Placebo on Reaction to Peanut Protein Ingestion Among Children With Peanut Allergy: The PEPITES Randomized Clinical Trial"

#### **Author Audio Interview**



April M. Zeoli, PhD, MPH, author of "Firearm Policies That Work"

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