

EDUCATION & PRACTICE

an edition of Archives of Disease in Childhood

The content of Archives of Disease in Childhood is endorsed by the Royal College of Paediatrics and Child Health for Continued Professional Development in line with RCPCH CPD guidelines

EDITOR IN CHIEF

Nick Brown

EDITION EDITOR

Ian Wacogne

SECTION EDITORS

Best practice: Ian Wacogne

Problem solving in clinical practice: Mark Anderson

Pharmacy update: Sharon Conroy, Steve Tomlin

Learning and teaching: Debbie Murdoch-Eaton

Dermatophile: Peter Lio

Epilogue: Mark Tighe

Guidelines: Philippa Prentice

Illuminations: Helen Williams

Interpretations: Sam Behjati

Picket: Giordano Perez-Gaxiola

Equipped and Equipment: Alice Roueche and Jane Runnacles

Public Health: Ronny Cheung

Research in Practice: Bob Phillips, John Apps

Education & Practice is an edition of *Archives of Disease in Childhood* that aims to assist paediatricians at all levels in their training and ongoing professional development. *Education & Practice* will evolve to continue to meet the needs of paediatricians.

Editorial Office

Archives of Disease in Childhood

BMJ Publishing Group Ltd

BMA House

Tavistock Square

London WC1H 9JR, UK

T: +44 (0)20 7383 6467

F: +44 (0)20 7383 6668

E: archdischild@bmjgroup.com

Senior production editor: Malcolm Smith

production.adc@bmj.com

Reprints: Commercial reprint enquiries (except USA and Canada) please contact Nadia Gurney-Randall, T: +44 (0)20 8445 5825, F: +44 (0)20 8445 5870, E: ngurneyrandall@bmjgroup.com. In the USA and Canada please contact Ray Thibodeau, T: +1 267 895 1758 (toll free in the USA) T: +1 215 933 8484 (outside the USA), ray.thibodeau@contentednet.com

Authors are required to grant *Archives of Disease in Childhood* an exclusive licence to publish; further details available online at <http://adc.bmj.com/site/about/guidelines.xhtml>

For further information about ADC visit <http://ep.bmj.com/site/about/>

Disclaimer: *Archives of Disease in Childhood* *Education & Practice* is published by BMJ Publishing Group Ltd (a wholly owned subsidiary of the British Medical Association) and the Royal College of Paediatrics and Child Health. The owners grant editorial freedom to the Editor of *Education & Practice*. *Education & Practice* follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics.

Education & Practice is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group Ltd, the Royal College of Paediatrics and Child Health or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group Ltd shall not be liable for any loss, injury or damage resulting from the use of *Education & Practice* or any information in it whether based on contract, tort or otherwise. Readers are advised to verify any information they choose to rely on.

Copyright © 2017 BMJ Publishing Group and Royal College of Paediatrics and Child Health. All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior permission.

Archives of Disease in Childhood is published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Limited, Chennai, India and printed in the UK on acid-free paper.

Education & Practice (an edition of *Archives of Disease in Childhood*) is published bi-monthly by BMJ Publishing Group and distributed in the US by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: send address changes to *Education & Practice*, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.



Contents

Epistle

- 281 Highlights from this issue *I Wacogne*

Reviews

- 282 I sit in the Diabetic Clinic *M Lindsay*
285 The team that plays together stays together: the effect of departmental Christmas party attendance on team cohesion within a healthcare setting *D Cromb, H Thomas, M Garcia-Nicoletti, R Cheung*

Illuminations

- 289 Christmas connections *E McLoughlin, H Williams*



Best practice

- 293 Uses and abuses of snack foods in child health *C M Wright*
298 Fifteen-minute consultation in the normal child: Challenges relating to sexuality and gender identity in children and young people *T O'Neill, J Wakefield*
304 Fifteen-minute consultation—the child with a developmental disability: is there an ocular or visual abnormality? *A Salt, J Sargent*

Problem solving in clinical practice

- 310 Thinking outside the box in clinical practice *A N Williams*

Interpretations

- 314 How to use nasal nitric oxide in a child with suspected primary ciliary dyskinesia *K Simpson, M Brodlie*
319 How to use tests for disorders of copper metabolism *J Armer, C De Goede*

Guideline review

- 327 Intravenous fluid therapy in children and young people in hospital *N29 J Green, J Lillie*

Structured abstracts of sentinel articles: Picket

- 332 Amitriptyline and topiramate are no better than placebo for childhood migraine *R A Dalrymple, I Wacogne*
333 Introduction of allergenic foods from 3 months of age reduces incidence of food allergy in breastfed infants *R A Dalrymple, N Makwana*
334 Azithromycin for episodes with asthma-like symptoms in young children aged 1–3 years *K McConnell, M Shields*
335 Gradual withdrawal of desmopressin in patients with enuresis leads to fewer relapses than an abrupt withdrawal *R A Dalrymple, I D Wacogne*
336 Critically ill children did not benefit from tight glycaemic control *A K Lucas-Herald, K J Robertson*

Subscription Information

Institutional rates 2018

Print (all ADC editions)
£939

Online

Site licences are priced on FTE basis and allow access by the whole institution. Print is available at deeply discounted rates for online subscribers; details available online at <http://group.bmj.com/subscribe/?ep> or contact the Subscription Manager in the UK (see above right)

ADC *Education & Practice* edition is published bimonthly and is available separately only to personal subscribers. Institutional customers receive all editions and supplements: *Archives of Disease in Childhood* is published monthly plus *Fetal & Neonatal Edition* bimonthly and *Education & Practice* Edition bimonthly

Personal rates 2018

Print (E&P edition only, includes online access at no additional cost)
£124

Online only
£99

Personal print or online only and institutional print subscriptions may be purchased online at <http://group.bmj.com/subscribe/?ep> (payment by Visa/Mastercard only)

Residents of some EC countries and Canada must pay VAT; for details, call us or visit www.bmj.com/subscriptions/vatandpaymentinfo.dtl

ISSN 1743-0585 (print); 1743-0593 (online)

Impact factor: 1.215

COPE
Member since 2008
JMD014

www.publicationethics.org.uk

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics

equator
network